

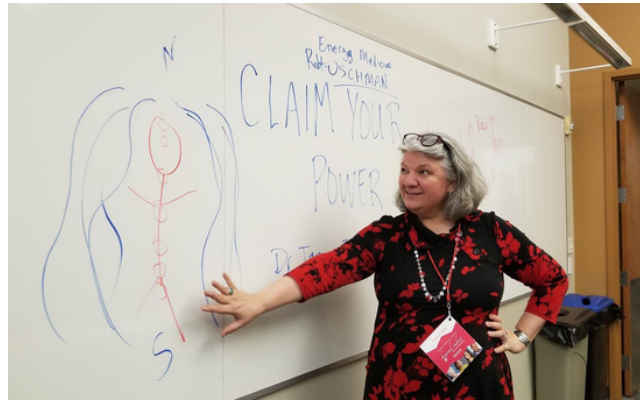
What our clients say:

“Dr. English has been instrumental in helping me overcome my mobility issues. She identified the root cause of my pain, which turned out to be unresolved traumatic experiences that had been buried deep within me for many years. By working with her and addressing these past issues, I was able to make progress with my healing. My sacral chakra, was finally restored. Thanks to Dr. Tanya's support and guidance, I now have the tools to stay joyful and maintain my overall well-being.” -JLD

“Dr. Tanya was able to help me reach a traumatic memory from very early childhood and heal it. I've had several counselors who tried unsuccessfully to get to that memory. Dr. Tanya got to it in about 2 minutes, then we used EFT to heal it.”-JR

"As a novice to energy work and healing, Dr. Tanya both educated and helped me clear some energetic blocks. Her deep knowledge about Quantum Healing was so obvious and allowed me to be really comfortable with the process. After working with her, I immediately felt lighter and like there was a subtle but significant shift in the way I thought. She is a true expert in the energy healing field and I feel so lucky to be able to work with her!"  
-Stephanie M

Over 35 years in healing practice,  
teaching, retreats, and classes



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DR.  
TANYA  
ENGLISH

# Remove Interference and the body heals.

Sometimes interference is in the form of old wounds never acknowledged or released.

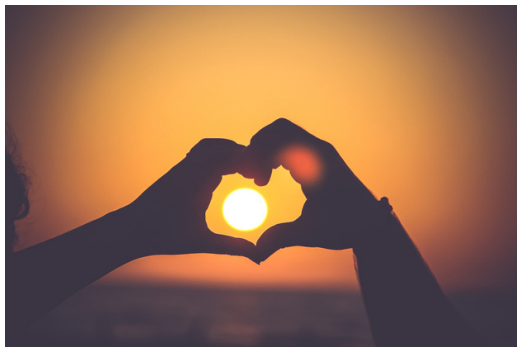
Women who have experienced grief/loss/heartbreak can become stuck in that experience. That stuck-ness may appear as overwhelm, procrastination, anger, sleep deprivation, inability to finish tasks, low creativity and joy, or being troubled by your “mean girl” inner voice.



We use the chakra system, the energy skeleton of the body, to inform us where blockages are occurring and to see, intuitively, your multi-faceted, wholistic self!

*Blue Note Healing Method* combines many modalities for your highest good!

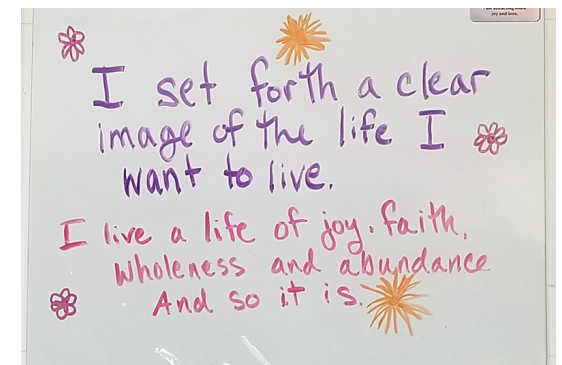
Start with an *Intuitive Energy Scan* to find out where blockages occur.



We offer:

- 90 Day Accelerated 1:1 healing
- 6-month Creating New Habits 1:1 healing
- Forgiveness Sessions - releasing attachments
- Bringing Your Song to Life - living your passions
- VIP Days - for the motivated healer (we are all healers!)

Customized individual packages are available upon request.



Are you ready to release the past, empower the present and create a harmonious future?